SHOCKWAVE THERAPY: WHAT IT DOES FOR YOU

Shockwave therapy is a non-invasive treatment that uses high-energy acoustic (sound) waves to stimulate healing in muscles, tendons, and joints—especially for chronic pain and overuse injuries.

How It Helps Your Body Heal:

✅ Improves Blood Flow
Boosts circulation to injured areas, speeding up tissue repair and regeneration.

✅ Breaks Down Problem Tissue
Helps dissolve scar tissue and calcium build-up that can limit motion and cause pain.

✅ Relieves Pain
Reduces nerve sensitivity and inflammation, offering long-lasting pain relief.

✅ Accelerates Recovery
Triggers your body's natural healing response—no medications or surgery needed.

MCE



Common Conditions Treated:

- Neuropathy
- Plantar fasciitis
- Tennis elbow / Golfer's elbow
- Achilles tendonitis
- Shoulder tendinopathy / Rotator cuff pain
- Patellar tendonitis (Jumper's knee)
- Hip pain / Bursitis
- Chronic muscle pain and trigger points

What to Expect When You Come in for Treatment

🕒 Fast Appointments – Each session lasts about 10–15 minutes

🛑 No Downtime – Return to daily activities immediately

💊 Drug-Free Relief – Natural healing without medications or injections

💬 Mild Discomfort Possible – Some patients feel slight sensitivity during treatment

Why Choose Shockwave Therapy at MCE?

✓ Non-surgical
✓ Proven results
✓ Minimal side effects
✓ Safe and effective
✓ Supported by clinical studies

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